GALLMET-Immune (AntiBac) enterosolvent food supplement capsule containing natural bile acids and herbs for supporting the immune system against harmful bacteria and microorganisms; beneficial for digestion, liver and bile function.

Packaging: 10, 20, 30, 40, 50, 60, 90 capsules **Net weight:** 7,15g; 14,3g; 21,45g; 28,6g; 35,75g; 42,9g; 64,35g

Ingredients: bile acids, *herbal extracts*: elderberry, turmeric, white horehound, king of bitters, garlic, black pepper; *capsule shell*: hydroxypropyl methylcellulose; *anti-caking agents*: silicon dioxide, magnesium stearate; *capsule shell*: gellan gum.

ELDERBERRY supports the immune system that protects the human body.

GARLIC contributes to maintaining intestinal microbiological balance and protection against harmful bacteria and microorganisms.

KING OF BITTERS supports the body's natural defences, especially in the upper respiratory tract.

WHITE HOREHOUND supports the intestinal tract, contributes to healthy digestion and to proper liver and bile function.

TURMERIC + **BLACK PEPPER** supports the immune system, lung and respiratory tract health. It provides protection against allergies and has a significant antioxidant function.

Recommended daily amount: 1-4x1 or 2x2 capsule(s) at the beginning or during **significant main meals** (breakfast, lunch, dinner) according to body weight and individual reaction. Do not take on an empty stomach.

Do not take more than the recommended amount! Store out of the reach of children in a cool dry place. The food supplement does not replace a balanced, varied diet and healthy lifestyle.

Possible side effects: nausea and diarrhoea if taken on an empty stomach * if exceeding the recommended intake * if taking more than your body accepts. The capsule does not disintegrate in the stomach but in the duodenum so please **always** take the capsule intact, never take it apart or cut it as the contents of the capsule are not good for stomach health without the instestinosolvent / enterosolvent capsule.

The product must not be taken in case of bilious attacks, jaundice caused by biliary tract passage blockage and during pregnancy and breast-feeding. Depending on individual sensitivity, slight diarrhoea and nausea may occur in the first few days. In case of persistent diarrhoea, use antidiarrheals (e.g. tannic acid-containing cistus incanus or medicinal sage leaf, capsules or tea), reduce intake or stop entirely.

Not recommended to be used with other biliary products. The consultation with healthcare specialist is recommended before using this product. Due to the garlic extract in the product, those taking anticoagulants should consult their doctor. Stop taking the product 2 weeks prior to any planned surgery. The use of the product is not recommended for children under 15 years of age. If you are allergic to any of the herbs in the product, do not use the product!

Active substances in the daily	Number of daily capsules			
amount (mg)	1	2	3	4
Bile acids	300	600	900	1200
Elderberry extract	50	100	150	200
Turmeric extract	50	100	150	200
White horehound extract	30	60	90	120
King of bitters extract	25	50	75	100
Garlic extract	5	10	15	20
Black pepper extract	5	10	15	20

Country of origin: EU

UK distributor: Gallmed Ltd, 77 High Street, Littlehampton, West Sussex, BN17 5AG EU distributor: GALLMED Kft, H-6500, Baja, Szarvas G. u. 3. Hungary Website: www.gallmet.co.uk * Email address: gallmed@gallmed.co.uk Patent number: P2000425 For expiry see the date on the side of packaging: month-year

GALLMET-Immune (AntiBac) is a tested and compliant product by international EUROFINS laboratory (microbiology, toxic substances, heavy metals, allergy: lactose, gluten, casein).